

## **Ageing Well Working Group**

**Tuesday 21<sup>st</sup> July at 10:00 a.m. in Council Chamber, Wallfields, Pegs Lane,  
SG13 8EQ**

### **Minutes**

#### **Introductions & apologies**

Present: Cllr Eric Buckmaster (EH), Cllr Linda Haysey (LH), Will O'Neill, Mekhola Ray (MR), Carolyn Gale (CG), Angela Alder (AA), Jan Wing (JW), Sally Millett (SMEH), Jane Brown (JB), Jan Stock (JS), Craig Griffiths (CG) Karen Valencia (KV), Sheila Winterburn (SW)

Apologies: Marianne McWhinnie (MM), Kate Belinis, Debra Field, John Milton, Cathy Baker, Carolyn Gale, John Milton, Sally Marlow

#### **Minutes of the previous meeting**

Minutes of the meeting held on March 2015 were true record.

#### **Action from the previous meeting**

All covered in agenda items.

#### **Update on incorporating Arts and Music in Dementia activities**

WON updated the group on the above. Joint work between Hertfordshire Regional College and Riversmead Housing delivered a successful project. This was funded through the Council's Arts Development budget. He pointed out that other funding sources need to be explored for further work as Council's Arts Development funding is for new & creative initiatives.

JW mentioned the Choir in in U3A a positive initiative, worked well for everyone - the participants as well as the audience. She added that there was evidence to suggest that the initiative had transformed some people's lives.

JS noted that there could be some partnership work on having choir at the monthly dementia cafes in Ware and B'Stortford. SM to be asked to take this forward.

**ACTION: SM**

JB suggested that that it would be useful to feedback this information to Care homes and there was a lot of research out there.

LH reiterated that the purpose of working with Riversmead was to encourage people to do different things. The challenge was to deal with transport issues. She also noted that it achieved its purpose.

AA mentioned the initiative on 'singing for the brain' – young people were involved through Youth Connection and they raised money for the centre.

CG suggested that music colleges could be approached especially to see what opportunities are available at Hertford music festival.

WON to send the video link

**ACTION: WON**

### **Dementia Action Alliance**

SM &MR stated that as part of the DAA registration it is expected and would be a good idea for each partner to produce their action plan and send it to DAA. SM stated that the work needed to put in was not onerous and both SM & MR were happy to give people a hand if they needed it.

Jane Brown noted that her organisation has recently submitted their action plan to DAA.

JW informed the group that CVSBEH were training their staff and they would be producing their action plan shortly.

**ACTION: Update All**

### **Update on Dementia Café in B'Stortford**

In SM's absence MR informed the group that as far as she was aware the Café was going well based in St. Mary's Baptist Church. This was a partnership initiative based on Ware model and happens every month. Hopefully the group will get a full update at the next meeting.

**ACTION: SM**

KV offered to send their crews if appropriate to talk and promote fire safety issues at the monthly Café sessions.

**ACTION: SM/KV**

It would be good to get the HCC perspective on what they are doing at the next meeting.

**ACTION: CB & MR**

AA informed the group that they had a number of plans on starting Dementia Café in Apton Day Centre.

### **Update on Dementia Friendly East Herts**

MR updated the group on this:

MMcW is EHDC Dementia Champion. Since April 2015 she:

- Delivered 9 sessions
- 38 people are now Dementia Friends including staff, residents and local businesses
- 2 further sessions booked in October for EHDC members
- 2 sessions booked for EHDC customer services
- Further sessions are to be booked for volunteers at Hertford Theatre
- Finalising booking for CAB

KV informed the group that she was promoting their dementia friends training within the Fire service.

MR also said that MMcW would like to explore producing a sticker or something similar for organisations who have staff who have been trained as dementia friends to stick on their windows as a way of welcoming people living with dementia and their carers. The group agreed.

**ACTION: MMcW**

### **Silver Sunday on 4<sup>th</sup> October**

MR informed the group that this was a national initiative. The Council has allocated its revenue funding as a pop up grant for this time specific initiative. This is to encourage groups to organise their own events on the Friday, Saturday and Sunday of that week in October to celebrate older people's day and achievements. The Council grant deadline is 1<sup>st</sup> September.

### **Community Sports Activation bid**

**POST Meeting findings** – EHDC bid to Sport England has been successful. Full update will be given at the next meeting.

### **Timebanking**

SM updated the group on the launch events in Ware and Sawbridgeworth. The induction process has begun. She asked members to circulate the leaflets as appropriate.

### **Date of next meeting**

Tuesday 8<sup>th</sup> September at 10:00a.m (Council Chamber, Wallfields, Hertford)